

Introducing ASI Thrive: Wellness Solutions for a Happier Life



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Hoosiers live energetic and independent lifestyles; we work hard to accomplish our goals while building in enough time to unwind and enjoy ourselves. All this activity is relatively unnoticed when we're young, but over time our bodies might have trouble keeping up with our ambitions. We typically don't let anything get in our way, so why is aging such a daunting prospect for so many?

The challenges of aging are becoming more common with each passing day, not just for individuals, but for our country as a whole. According to [data from AARP](#), one-fifth of the US population (including the entire boomer generation) will be retirement age by 2030. For the first time ever, senior citizens will outnumber children.

The status of "senior citizen" can carry negative connotations. We might picture loved ones trapped in retirement homes or uprooted to move in with a caregiver or relatives. These situations aren't ideal; they're often necessary to ensure a loved one's physical well-being. Unfortunately, these tactics have a reputation for sacrificing mental and emotional health (not to mention a family's finances) in exchange for safety — a common case of good intentions with ill consequences.

Our elders deserve much better. Almost 90 percent of people aged 65+ want to remain in their own home as they age, and 80 percent believe their current residence is where they'll always live, according to [an AARP report](#). These aspirations might seem unrealistic, but there are solutions! Although our parents and grandparents may not be as physically capable as they once were, new technologies mean they can still lead independent and fulfilling lifestyles, [and at a lower cost than options like nursing homes](#).

For this reason, we're proud to introduce ASI Thrive Wellness Solutions, our new custom, cost-effective wellness home systems for aging Hoosier households. With ASI Thrive, older generations can retain their active and autonomous lifestyles while they and their loved ones enjoy peace of mind.

What Exactly is ASI Thrive?

ASI Thrive covers overall wellness tracking, energy management, video monitoring and security and automation for older Hoosiers. We're committed to perfectly customizing each system to you or your loved ones' specific needs, providing an affordable solution to keep loved ones healthy and safe without sacrificing the comforts of home or an active lifestyle.

A typical ASI Thrive solution utilizes a combination of specialized features to monitor physical well-being as well as smart security features, all integrated into the same easy-to-use program. Even better, every feature in a personalized ASI Thrive solution can be controlled remotely via the Caregiving Portal, an application accessible by smartphone or computer.

The Caregiving Portal sends customized alerts to connected devices, so you'll immediately know and be able to send help if Dad has fallen, if Mom hasn't made it out of bed, or if a medication has been missed. The portal also tracks activity trends and will alert you to any odd behavior, such as more time spent in the bathroom or late-night interactions with the backdoor. Customization is ongoing, so if Dad's dog has been sick and getting up at 4am, you can turn off alerts for related "strange activity."

Smart Wellness Customization

There are numerous possible features to include in your custom smart caregiving system, as well as pre-set packages such as the ASI Thrive Essentials Kit or the ASI Thrive Plus Kit. From floor and bed sensors to panic pendants, we'll make sure all bases are covered when it comes to well-being.

Home features can also help loved ones save money on energy (smart thermostats), manage the house more easily (smart lights and locks) and feel secure (burglar alarms and video monitors). These features also allow for extra eyes and ears to be connected via the Caregiving Portal, providing an unobtrusive, 24/7 safety net of family members and security professionals.

We call our program ASI Thrive because these custom-fit, smart wellness solutions are aimed to help each of our customers live their best life. We'll look out for your family as if they were our own. It's what Hoosiers do.

Request your free quote today and speak with an ASI Thrive professional about the best options for you and your family.

<https://asisecurity.solutions/introducing-asi-thrive-wellness-solutions-for-a-happier-life/>